

# LEADERSHIP DEFINED BY EXPERIENCE



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**HIGH-LEVEL TRAINING**

**SEASON PROGRESS PLAN**

**RECRUITING PROGRAM**

# A STEP UP

***Munciana***  
VOLLEYBALL

BOYS PROGRAM

**46 YEARS OF TRAINING  
JUNIOR ATHLETES**



**ATHLETIC  
EXCELLENCE**

# HIGH-LEVEL TRAINING

- We prioritize the process over results, developing the athlete's skills for the long term
- Training is reinforced through positive, consistent feedback from our entire coaching staff
- Solid fundamentals are the foundation of every high level volleyball player; as such, fundamentals are a key component of each training session.

# SEASON PROGRESS PLAN

## INTERVIEW

*Players share their goals, aspirations and expectations.*

## PLANNING

*Coaching staff establishes a season long progress plan for each athlete.*

## EXECUTION

*Every detail is expressly shown to the athlete to see the path from practicing with intentionality, reps, coaching, teammate interactions, etc, all to achieve their goals.*

## EVALUATION

*Monthly monitoring and communication of athlete's progress.*

## INTANGIBLES

*Measurable preset actions to promote leadership and communication skills.*

# COLLEGIATE RECRUITING PROGRAM

**COMPREHENSIVE RECRUITING TOOLS,  
EDUCATION & RESOURCES**

**NATIONALLY RECOGNIZED PROGRAM**

**ATHLETE/PARENT PLANNING SESSIONS**

*Our MISSION is to ensure every prospective student-athlete can achieve their aspirations of competing at the collegiate level. At Munciana, we partner with the athlete and their families in educating, guiding and providing them with the tools necessary to navigate the RECRUITING JOURNEY successfully!*

