



Select Workshops

WHAT GOT YOU HERE WILL BURN YOU OUT: LEADERSHIP LESSONS FROM THE EDGE OF TOO MUCH

High-achieving leaders are often rewarded for working harder, carrying more responsibility, and solving every problem that comes their way. But over time, the very habits that fueled their success can become the source of exhaustion, strained relationships, and diminishing effectiveness. This interactive workshop challenges the belief that burnout is simply the result of doing too much. Instead, participants will uncover the hidden beliefs, nervous system patterns, and leadership habits that quietly drive overwork and keep them stuck in reactive cycles. Through engaging discussion, self-assessments, and practical exercises, leaders will gain a deeper understanding of themselves and discover how to lead with greater clarity, resilience, and intention. Rather than asking participants to lower their ambition, this workshop equips them to pursue meaningful success in a way that is sustainable, energizing, and aligned with the leader they want to become.

Tuesday, December 15, 2026

9:00 a.m. - 12:00 noon

THE SYCAMORE AT MALLOW RUN

7070 West Whiteland Road
Bargersville, IN 46106

Select Series Sponsors

Rick and Kim Kovacs

Michael and
Lynette McCarty



SPEAKER
JIM BISHOP



\$69 per person LJC and Franklin
College alumni & staff, Franklin, Aspire
and Indy Chamber members;
\$79, general public

REGISTER NOW



LeadershipJohnsonCounty.org

