

Integrated Manual Therapy and Orthopedic Massage Upper Body Conditions 20CE
Friday, May 3 – Sunday, May 5, 2019 Friday 5 – 9 pm; Saturday & Sunday 8:30 am – 5:30 pm
\$300|\$350|\$400



Based on revolutionary clinical research, participants will learn new techniques that will forever change the way they approach myofascial, trigger point, and tendon pain. These innovative structurally oriented routines, offer pain-free multi-modality methods for achieving immediate results from the following clinical conditions: Rotator cuff injuries, shoulder impingement, bursitis, pectoralis minor strains, bicipital tendinosis, rhomboid pain, thoracic outlet, cervical sprains and strains, whiplash, atlas / axis & C1/C2 mobilization, facet joint dysfunctions, migraine headaches, bulging discs, medial and lateral epicondyle pain, De Quervain's tenosynovitis, carpal tunnel syndrome, trigger finger, and joint arthritis. Ground-breaking Frozen Shoulder and Hip Capsule Adhesion techniques will highlight this dynamic interactive workshop. This incredible multimedia presentation, consisting of assessments, treatments, and client self-care for chronic pain and sports injuries, will facilitate permanent results; even in the most complicated clinical conditions.

Participant Materials: Massage Table (1 per 2 participants), sheets/towels, comfortable loose-fitting clothing

James Waslaski is an Author & International Lecturer who teaches approximately 40 seminars per year around the globe. He's served as AMTA Sports Massage Chair and FSMTA Professional Relations Chair. He's developed 8 Orthopedic Massage and Sports Injury DVDs, and authored manuals on Advanced Orthopedic Massage and Client Self -Care. His new book: Clinical Massage Therapy: A Structural Approach to Pain Management, was published by Pearson Education in 2011. James is a Certified Personal Trainer with NASM. He presents at state, national and international massage, chiropractic, and osteopathic conventions, including keynote addresses at the FSMTA, World of Wellness, New England Regional Conference, the World Massage Festival, and Australian National Massage Conventions. His audience includes massage and physical therapists, as well as athletic trainers, chiropractors, osteopaths, nurses and physicians. James received the 1999 FSMTA International Achievement Award and was inducted into the 2008 Massage Therapy Hall of Fame. James was awarded Massage Therapist of The Year in 2012 at the Canadian Massage Conference. He was also nominated and awarded by his peers and colleagues the designation of Teacher of The Year 2015 at the World Massage Festival.



AMTA *Wisconsin* Chapter