ICMS/HS Breakfast			November 2025		
	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Week 1	Cinnamon Toast Bar	Omelet/Toast	Cherry Frudel	Sausage ,Egg,Ch,Sandwich	Strawberry Stuffed Bage
	Muffin or Cereal Bar w/	Muffin or Cereal Bar w/			
	Cheese Stick or yogurt	Cheese Stick or yogurt			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	10	11	12	13	14
Week 2	Waffle	Cinni Mini	Breakfast Pizza	Benefit Bar	Chicken Slider
	Muffin or Cereal Bar w/	Muffin or Cereal Bar w/			
	Cheese Stick or yogurt	Cheese Stick or yogurt			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	17	18	19	20	21
Week 3	Cinnamon Roll	Chicken Waffle	Apple Frudel	French Toast	Yeast Donuts
	Muffin or Cereal Bar w/	Muffin or Cereal Bar w/			
	Cheese Stick or yogurt	Cheese Stick or yogurt			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	24	25	26	27	28
Week 4	Cinnamon Toast Bar	Carmel Cinni Mini	THANKSGIVING		THANKSGIVING
	Muffin or Cereal Bar w/	Muffin or Cereal Bar w/	BREAK	HAPPY	BREAK
	Cheese Stick or yogurt	Cheese Stick or yogurt		THANKSGIVING	
	Fruit and/or Juice	Fruit and/or Juice			
	Milk	Milk			
Week 5					