

# Castaway

*(Adapted program, full program can be found in the Inspire manual)*

This program is intended for group facilitation. We recommend you use a platform where everyone can be seen—Zoom is a great and free option. There may be others out there too, so use what you feel most confident in facilitating from.

They key below will help you understand the different text styles:

Content (this is what should be shared with the group. You can read it straight from here or put it into your own words)

**Questions for participation** (if the text is highlighted, then these are questions you should ask to your Sisters)

*Notes for facilitator* (if the text is in italics, then those are notes for you as the facilitator. This text should not be read aloud to participants)

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Today, we are going to explore how we work together in groups. We each bring our unique flair to the table with a variety of skills and experiences to influence how we approach things. To get us started, I am going to be giving you all a challenge to work through. It will be interactive and engaging and help get the wheels turning!

## GOING ON AN ADVENTURE

I want you all to sit back and let your imagination take you on an adventure...

You have chartered a yacht for the weekend with a few of your Sisters for the spring break trip of a lifetime across the Atlantic Ocean. Because none of you have any previous sailing experience, you have hired an experienced skipper and two-person crew. Unfortunately, in the mid-Atlantic a fierce fire breaks out in the ship's galley and the skipper and crew have been lost while trying to fight the blaze. Much of the yacht is destroyed and is slowly sinking. Your location is unclear because vital navigational and radio equipment have been damaged in the fire. Your best estimate is that you are hundreds of miles from the nearest landfall. You and your Sisters have managed to save 14 items, undamaged and intact after the fire. In addition, you have salvaged a four-person rubber raft and a box of matches.

*Display list of 14 items either by sharing your screen, or sharing the table with Sisters via email.*

Items	Group Rankings	Coast Guard Rankings
A shaving mirror		
Mosquito netting		
A 25-liter container of water		
A case of army rations (individual meals)		
Maps of the Atlantic Ocean		
A floating seat cushion		
A 10 liter can of oil/gasoline mixture		
A small transistor radio		
20 sq. feet of opaque plastic sheeting		
A can of shark repellent		
One bottle of 160 proof rum		
15 feet of nylon rope		
2 boxes of chocolate bars		
An ocean fishing kit & pole		

*Split Sisters into small groups of 3-5 people. Depending on the platform you are utilizing, you can either utilize the breakout room feature in Zoom and split people into groups that way and allow them to do their work. Or, you could split up groups by counting off, end your large group call and instruct them to call each other separately for ten minutes to do their rankings together. Once the ten minutes are up, you would restart your large group video call.*

In a moment, I am going to be splitting you up into groups. Your task will be to rank all of these 14 items in order of importance to your group as you wait to be rescued. In the first column, place the number 1 by the most important item, the number 2 by the second most important and so forth until you have ranked all 14 items. You will have ten minutes to do so.

Welcome back, Sisters!

What did you think about when making the rankings?

Did anything stand out to you regarding the discussion of rankings with your group?

How did your group communicate? Was someone in charge? Was anyone silent?

Now, I'm sure you all might be wondering what the "right" ranking of these items is. I'm going to read off the items in order of importance based on the Coast Guard's recommendation. Make notes on your group's list based on where you and the Coast Guard did or did not match!

A shaving mirror	1	Of all the items, the mirror is absolutely critical. It is the most powerful tool you have for communicating your presence. In sunlight, a simple mirror can generate five to seven million candlepower of light. The reflected sunbeam can even be seen beyond the horizon.
Mosquito netting	14	There are NO mosquitoes in the middle of the Atlantic Ocean and the netting is useless for anything else.
A 25 liter container of water	3	Vital to restore fluids lost through perspiration. 25 liters will supply water rations for your group for several days.
A case of army rations	4	This is your basic food intake.
Maps of the Atlantic Ocean	13	Worthless without navigation equipment.
A floating seat cushion	9	Useful as a life preserver if someone fell overboard.
A 10 liter can of oil/gasoline mixture	2	The second most critical item for signaling. The mixture will float on water and can be ignited using the matches.
A small transistor radio	12	You would be out of range of any radio station.
20 square feet of Opaque plastic sheeting	5	Can be used to collect rain water and shelter from the wind and waves.
A can of shark repellent	10	To repel sharks, of course!
One bottle of 160% proof rum	11	Contains 80% alcohol, which means it can be used as an anti-septic for any injuries, otherwise of little value. Very dangerous if drunk, as it would cause the body to dehydrate, the opposite of what you need to survive.
15ft nylon rope	8	Could be used to lash people or equipment together to prevent being washed overboard. There are a variety of other uses, but none high on the list for survival.
2 boxes of chocolate bars	6	Your reserve food supply.
An ocean fishing kit with pole	7	Ranked lower than the chocolate as there is no guarantee you will catch any fish. The pole might be used as a tent pole.

## CLOSING

Thanks for participating in this "castaway" game with me, Sisters! I hope you all learned a bit more about how you prioritize and communicate in a group, and hopefully had a bit of fun!