

| ES/IS Breakfast | | | | January 2020 | |
|-----------------|--------------------------|------------------------|-----------------------|-------------------------|-----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Jan 6-10 | Cinni Mini OR | Sausage Biscuit OR | Bagelful OR | French Toast | Biscuit/Omelet OR |
| | Cereal w/Cheese Stick or | Cereal Bar w/Cheese | Cereal w/Cheese Stick | OR Cereal Bar w/Cheese | Cereal w/Cheese Stick |
| | Yogurt | Stick or Yogurt | or Yogurt | Stick or Yogurt | or Yogurt |
| | Fruit/Juice | Fruit/Juice | Fruit/Juice | Fruit/Juice | Fruit/Juice |
| | Milk | Milk | Milk | Milk | Milk |
| | | | | | |
| Jan 13-17 | Muffin OR Cereal | Pancakes | Breakfast Pizza OR | Chicken Patty/Egg/Toast | Frudel |
| | Cheese Stick or Yogurt | OR Cereal Bar w/Cheese | Cereal w/Cheese | OR Cereal Bar w/Cheese | OR Cereal w/Cheese |
| | Fruit/Juice | Stick or Yogurt | Stick or Yogurt | Stick or Yogurt | Stick or Yogurt |
| | Milk | Fruit/Juice | Fruit/Juice | Fruit/Juice | Fruit/Juice |
| | | Milk | Milk | Milk | Milk |
| | | | | | |
| Jan 20-24 | | Sausage Biscuit OR | Bagelful OR | French Toast | Cinnamon Roll |
| | Martin Luther King Day | Cereal Bar w/Cheese | Cereal w/Cheese Stick | OR Cereal Bar w/Cheese | OR Cereal w/Cheese |
| | | Stick or Yogurt | or Yogurt | Stick or Yogurt | Stick or Yogurt |
| | No School | Fruit/Juice | Fruit/Juice | Fruit/Juice | Fruit/Juice |
| | | Milk | Milk | Milk | Milk |
| | | | | | |
| Jan 27-31 | Muffin OR Cereal | Waffles | Chocolate Turnover | Frudel | Chicken Biscuit OR |
| | Cheese Stick or Yogurt | OR Cereal Bar w/Cheese | Cereal w/Cheese | OR Cereal Bar w/Cheese | Cereal w/Cheese Stick |
| | Fruit/Juice | Stick or Yogurt | Stick or Yogurt | Stick or Yogurt | or Yogurt |
| | Milk | Fruit/Juice | Fruit/Juice | Fruit/Juice | Fruit/Juice |
| | | Milk | Milk | Milk | Milk |
| | | | | | |
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